

SURREY ROAD LEAGUE RULES

All Surrey affiliated clubs are welcome to take part in the Road League.

The League consists of seven races and there are separate competitions for men's and women's teams, senior men and women, men over 40, over 50 and over 60 and women over 35, over 45 and over 55.

Entry to the League is free of charge but all runners must enter the races as normal and pay the organisers' entry fees.

Team Competitions The first three finishers from each competing club will comprise the scoring team, and the sum of their finishing positions will form their team score. In the event of a tie, the relative position of the third scorer will be the decider. League points will be scored according to the number of clubs entered. For example, if 20 clubs are taking part, the winning club in each race will score 20 points, second will score 19 and so on.

If any competing clubs have fewer than three runners in any race, their team score will still be the sum of their runners' finishing positions. For League points, clubs with two runners will be ranked below all those with three and clubs with one runner will be ranked below all those with two. If a club has no runners in any race, they will score no League points for that race.

The League will be decided on each club's best five scores from the seven races. In the event of a tie, the best six races will be taken into consideration, and if there is still a tie, all seven. If there is still a tie, the total team points in each race will decide.

Individual Competitions All runners from clubs taking part in the League will earn an individual score in one of the age categories.

The first finisher in each category will score one point, second two points and so on. The League will be decided on each runner's best five scores from the seven races.

In the event of a tie, the best six races will be taken into consideration, and if there is still a tie, all seven. If in any category no runner competes in five races, then the best four will be taken, and so on.

The age group into which an athlete falls in the first League race in which he or she competes will determine his or her age group for the season.

Eligibility All members of Surrey-affiliated clubs are eligible for the League. Individual Surrey qualification is not required. Second-claim members may compete provided that their first-claim club is not in the League.

Second-claim members who are likely to enter League races for their first-claim clubs must be declared to the League Secretary before the first fixture.

Entry All Surrey-affiliated clubs should be contacted by e-mail prior to the first fixture. Any club not contacted should e-mail the League Secretary. A full list of competing clubs will be posted on this site.